

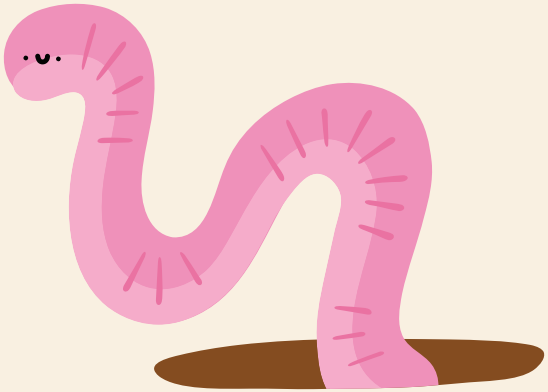


ABC

of sustainability







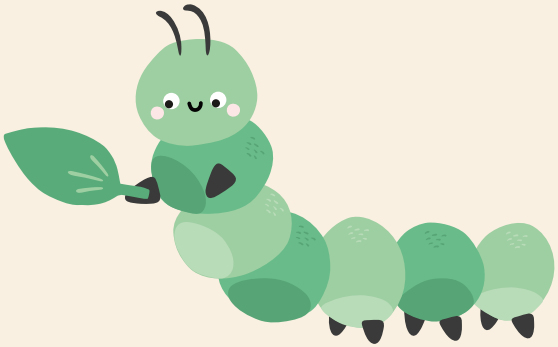
Eco-Schools

EY

KEEP BRITAIN TIDY.

Bupa Foundation



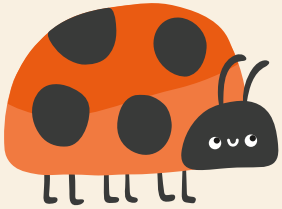


You're never too young to be an environmentalist!

Taking action to protect our planet can start at any age.

'Eco-Schools: Early Years' is designed specifically for the littlest of learners and nursery practitioners. It supports them to learn about sustainability and take action to reduce their setting's carbon footprint.

Visit **eco-schools.org.uk** to learn more about the programme.



Aa

is for action



Let's do things to help our planet!

Bb

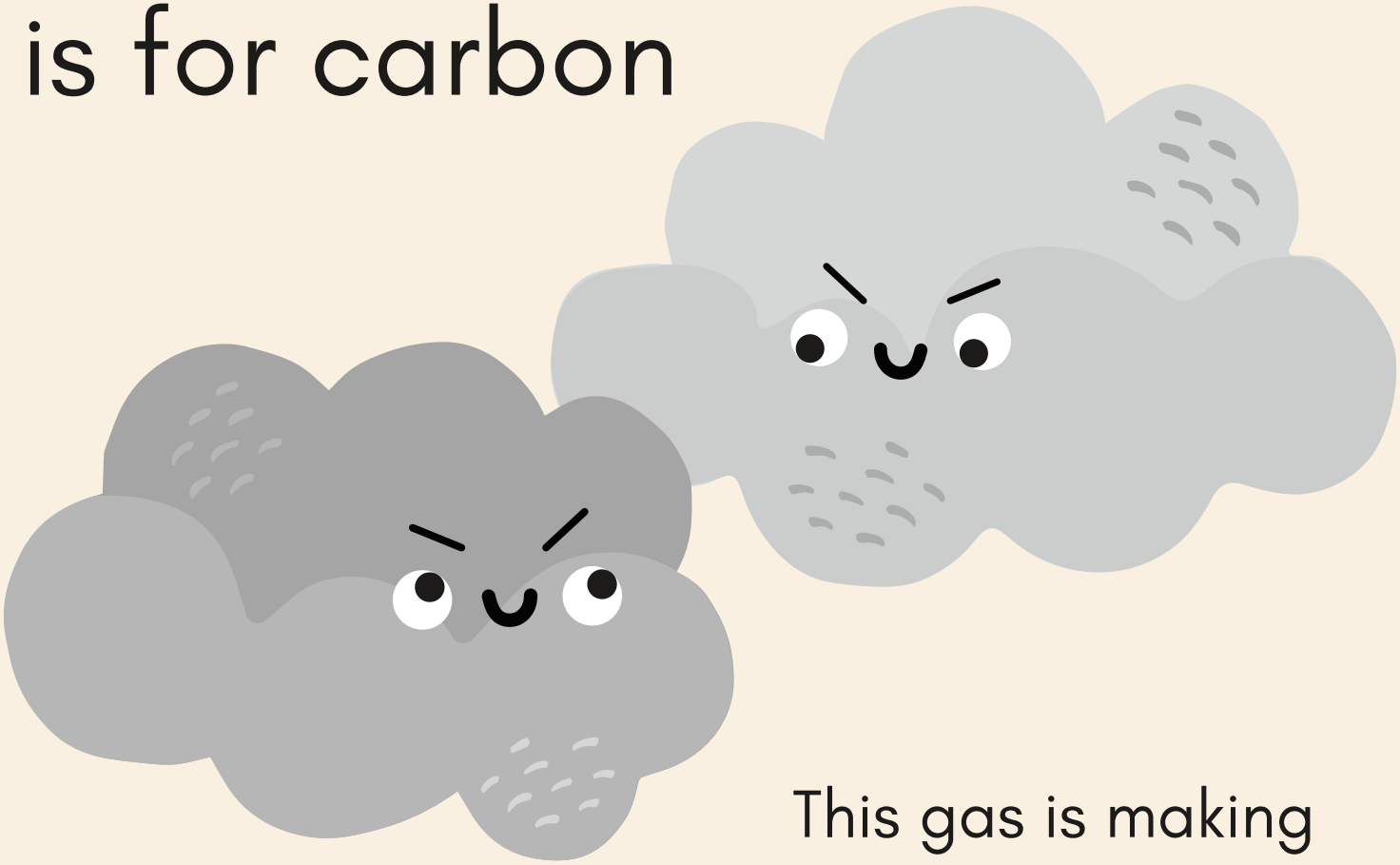
is for buzzzzz!



Bees help new plants to grow.

Cc

is for carbon



This gas is making
our planet too hot.

Dd

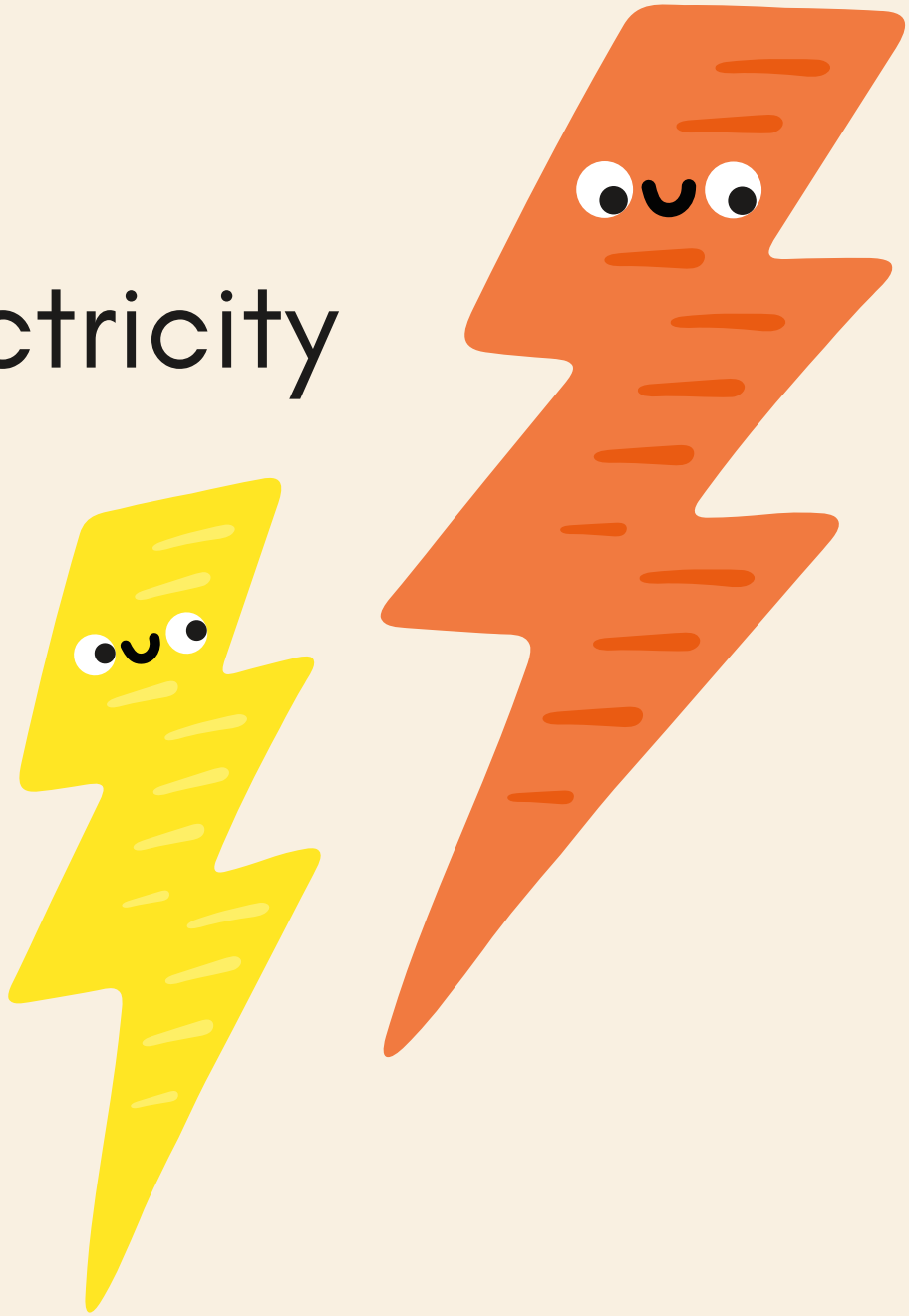
is for donate



Give the things
you don't need a
brand new home.

Ee

is for electricity

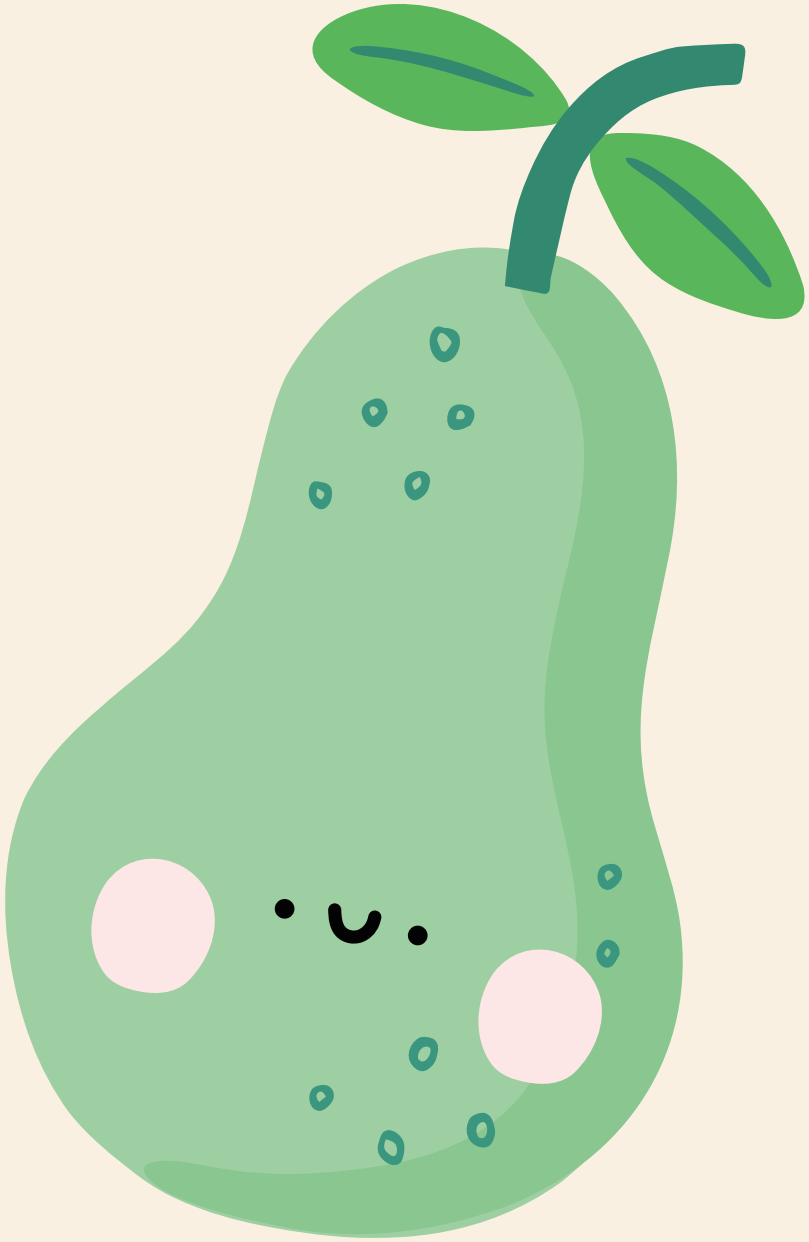


Using less is
for the best!

Ff

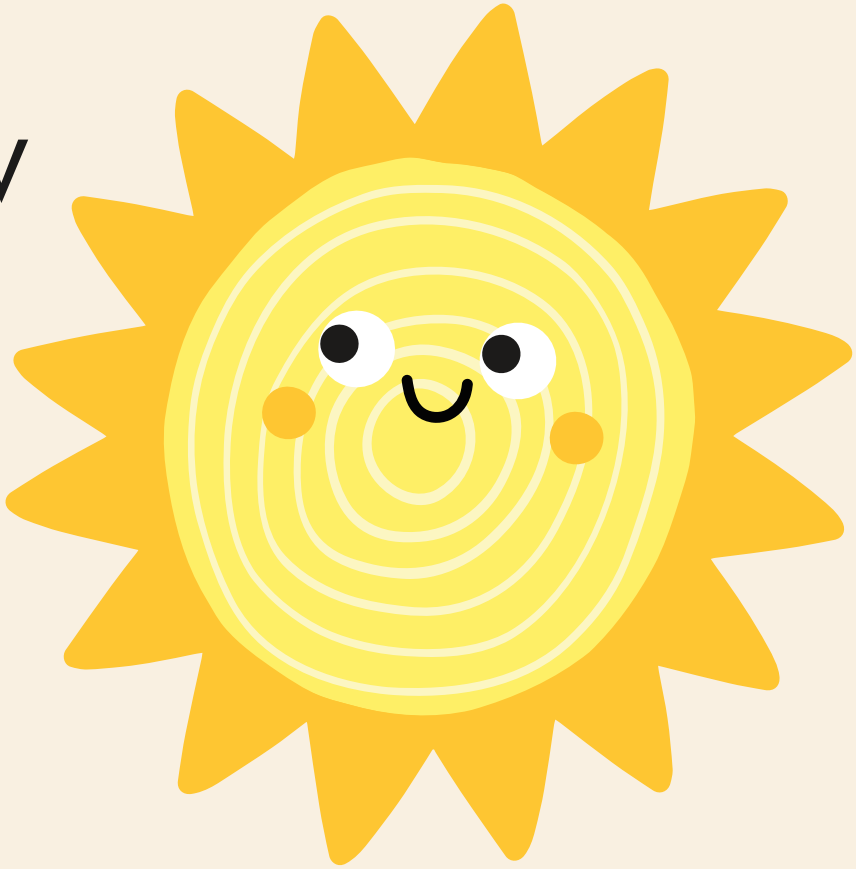
is for fruit

Juicy and tasty and
good for our body.



Gg

is for glow



Our shining sun
gives us power.

Hh

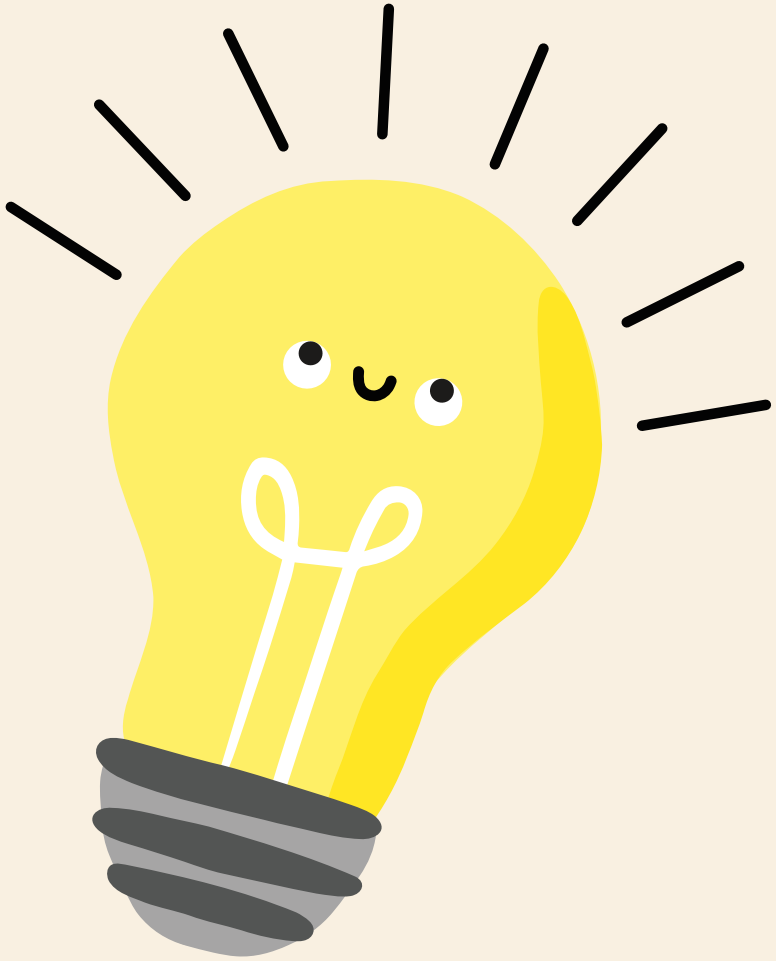
is for hope

Working together,
we can make
things better.



Ii

is for ideas

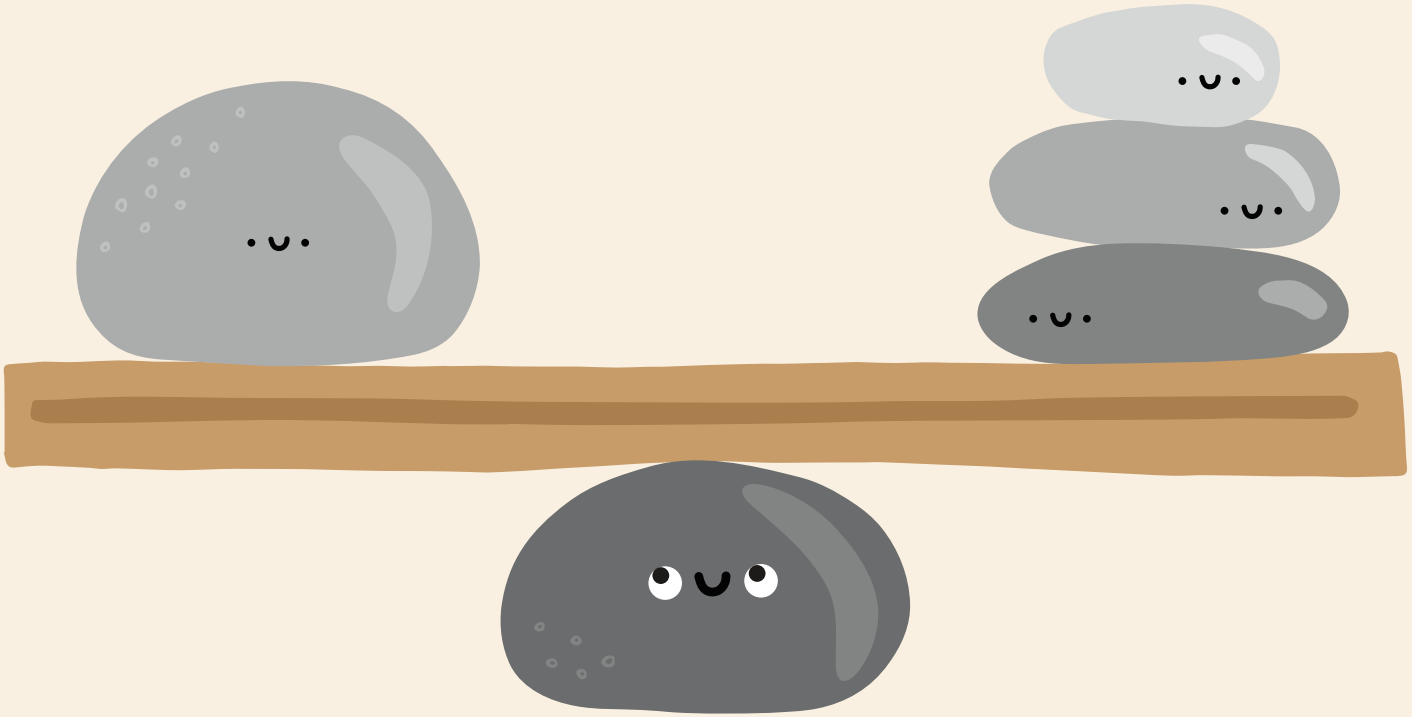


A thought in our head
can inspire change.

Jj

Let's be fair and share the load.

is for justice



Kk

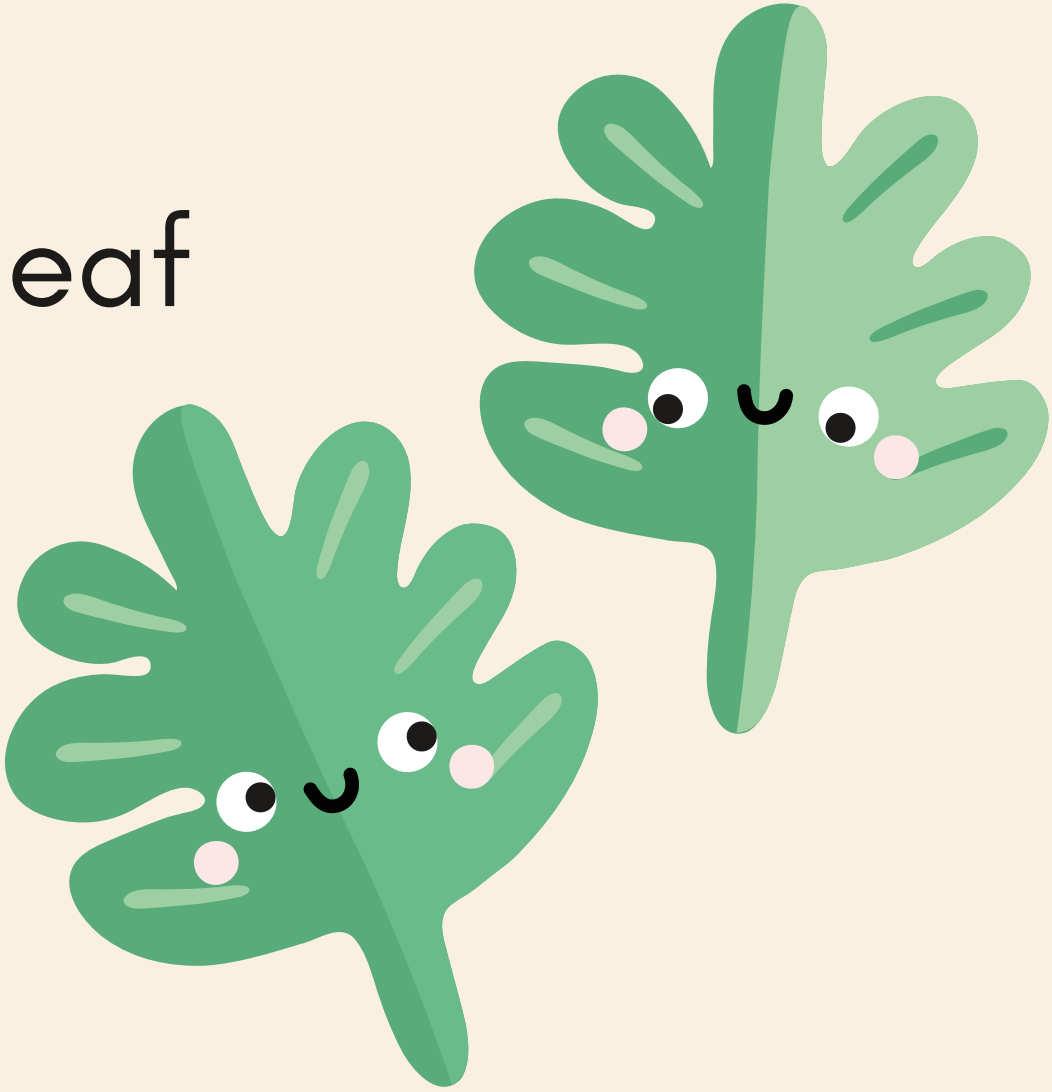
is for kindness



Be kind to people, animals and plants.

Ll

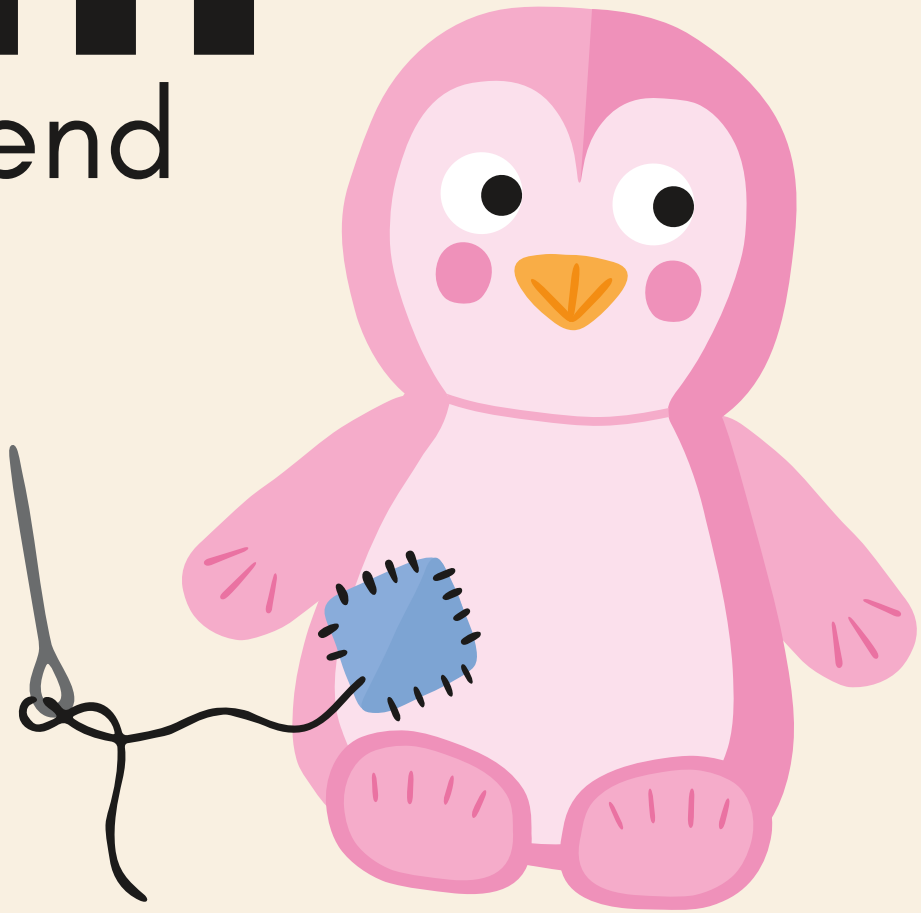
is for leaf



Leaves grow on trees
and clean our air.

Mm

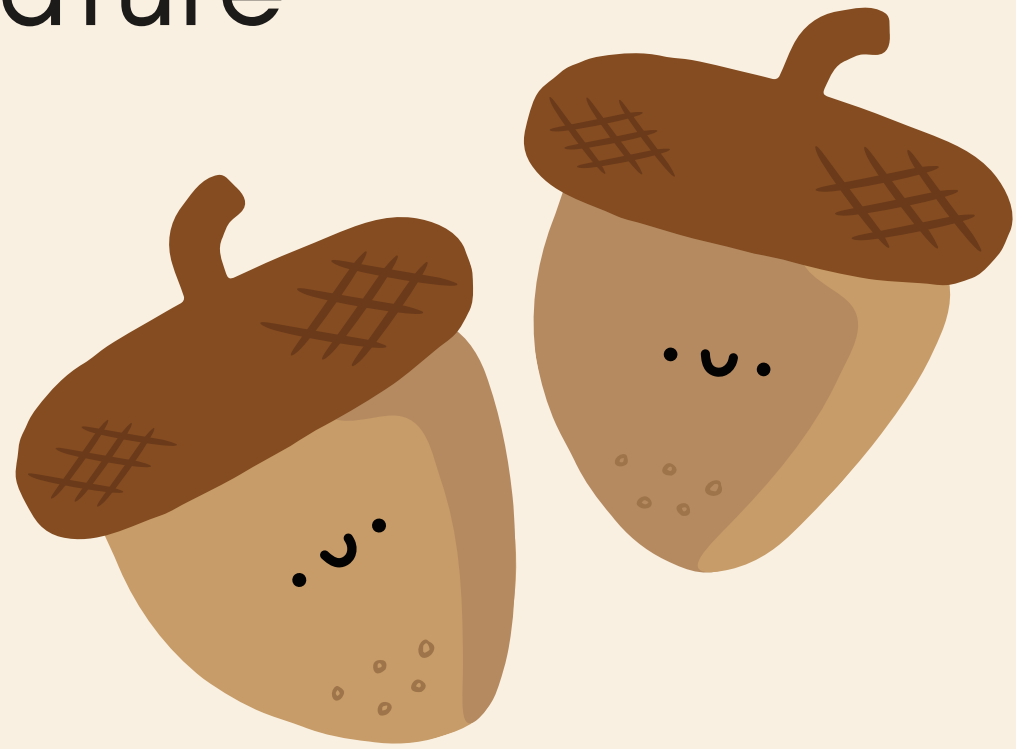
is for mend



Fix things before
throwing them away.

Nn

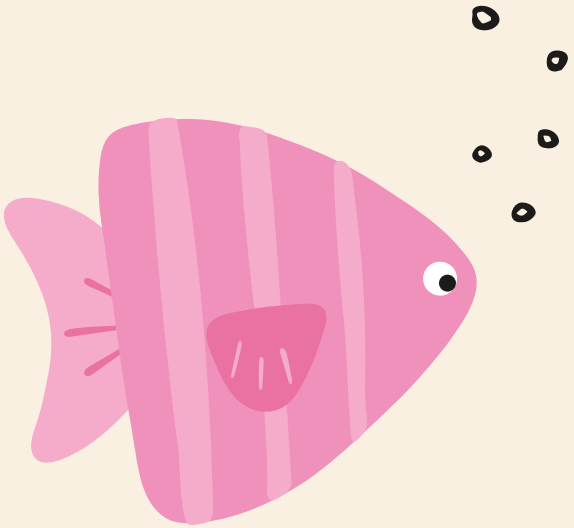
is for nature

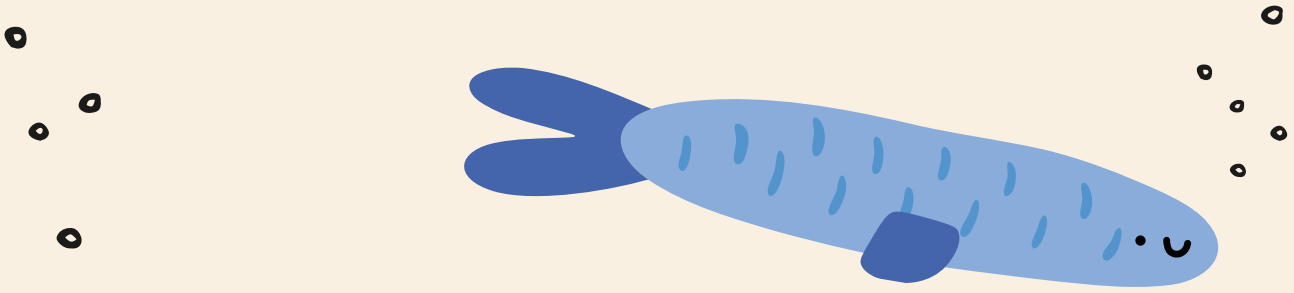


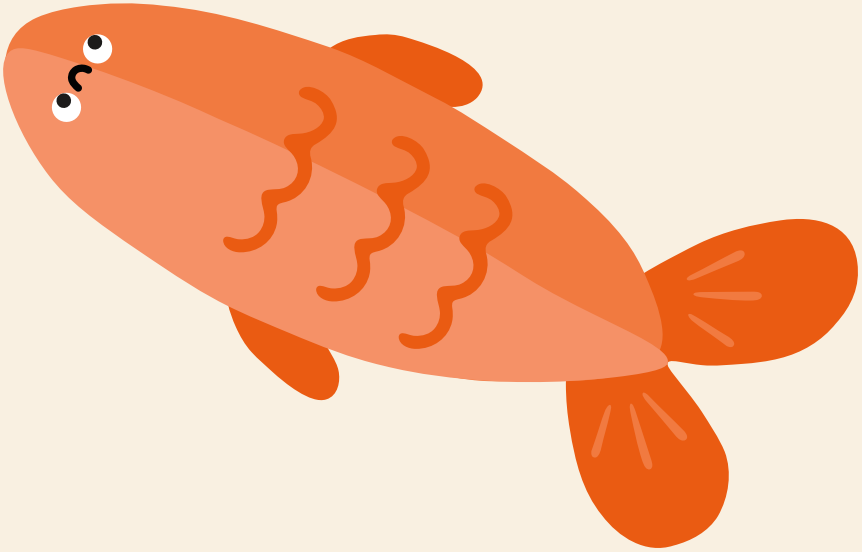
Being outside can make us
feel calm and happy.

Oo

is for ocean







Full of life!

Pp

is for pots



Fill them with plants and
brighten your home!

Qq

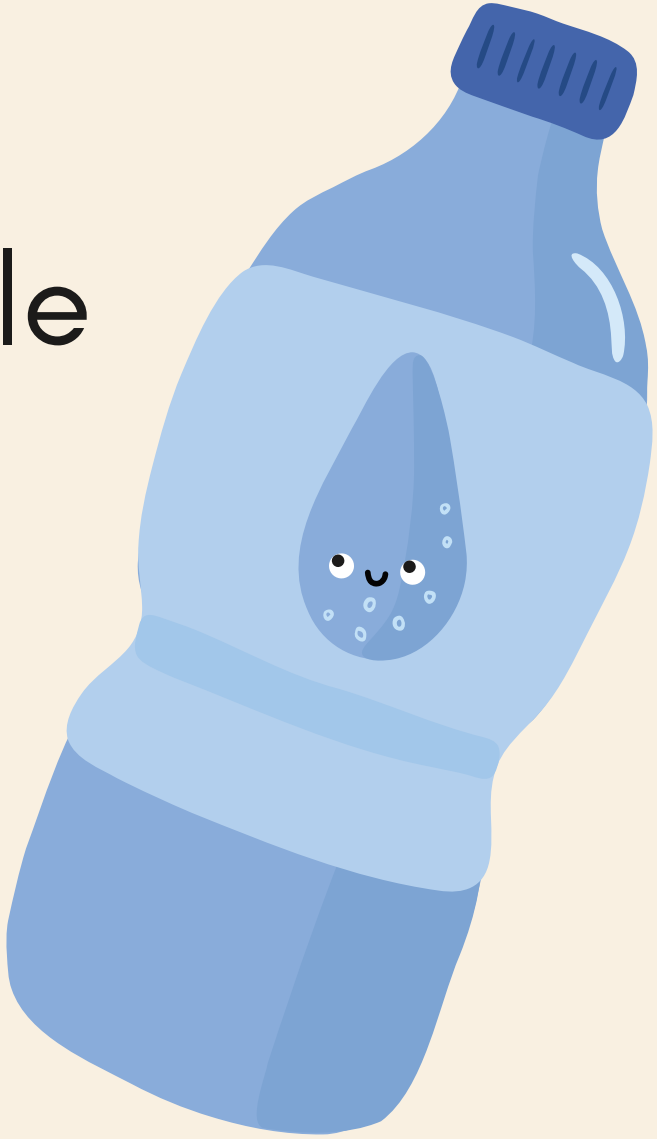
is for quiet



Some animals sleep through
the day and wake up at night.

Rr

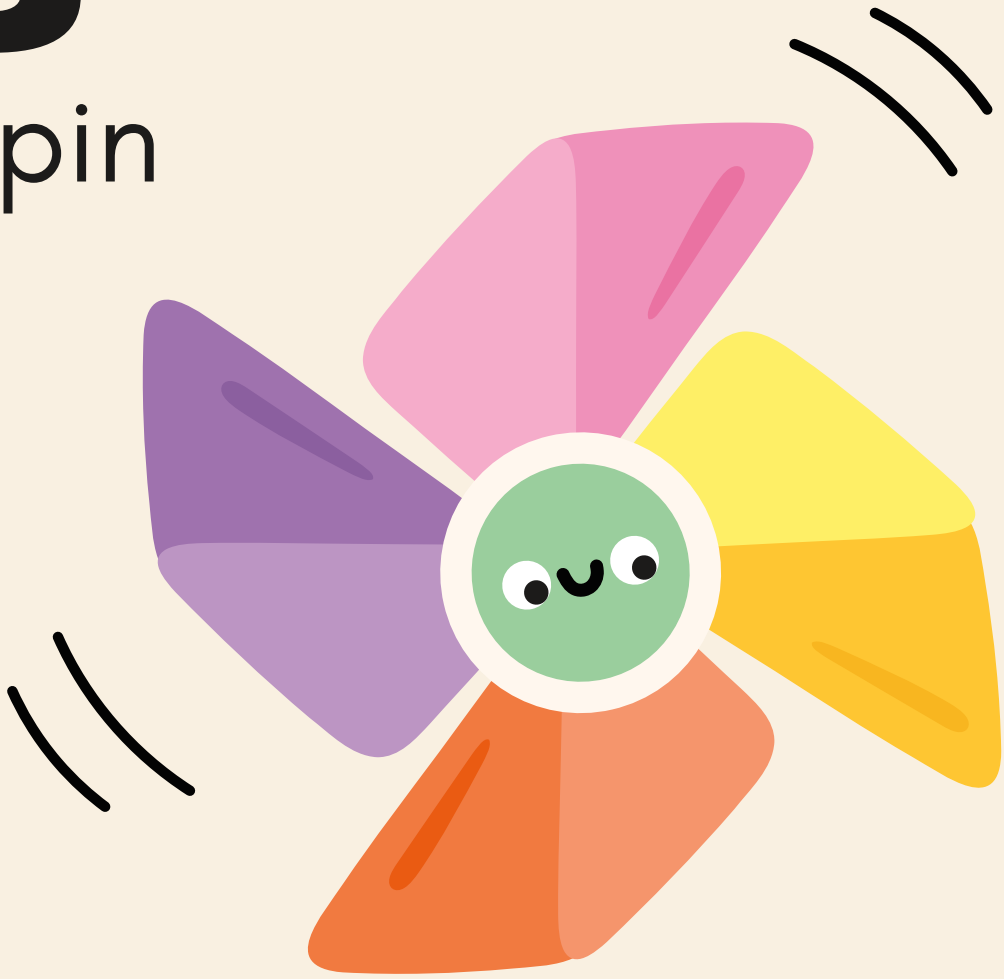
is for recycle



Pick the right bin and pop it in!

Ss

is for spin



The wind can
power our homes.

Tt

is for tap







Switch them off
and save water!

Uu

is for unite



People, together,
do amazing things.

Vv

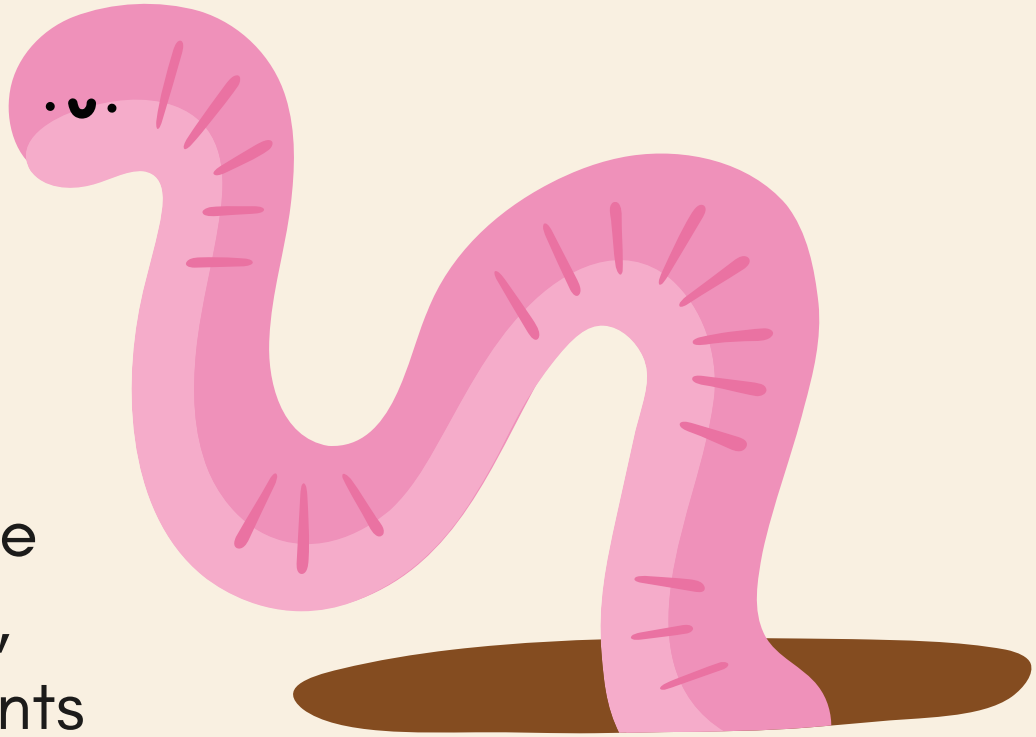
is for
vegetables



They start in the ground and
end up in our tummies!

Ww

is for wiggle



Worms make soil healthy, helping plants to grow.

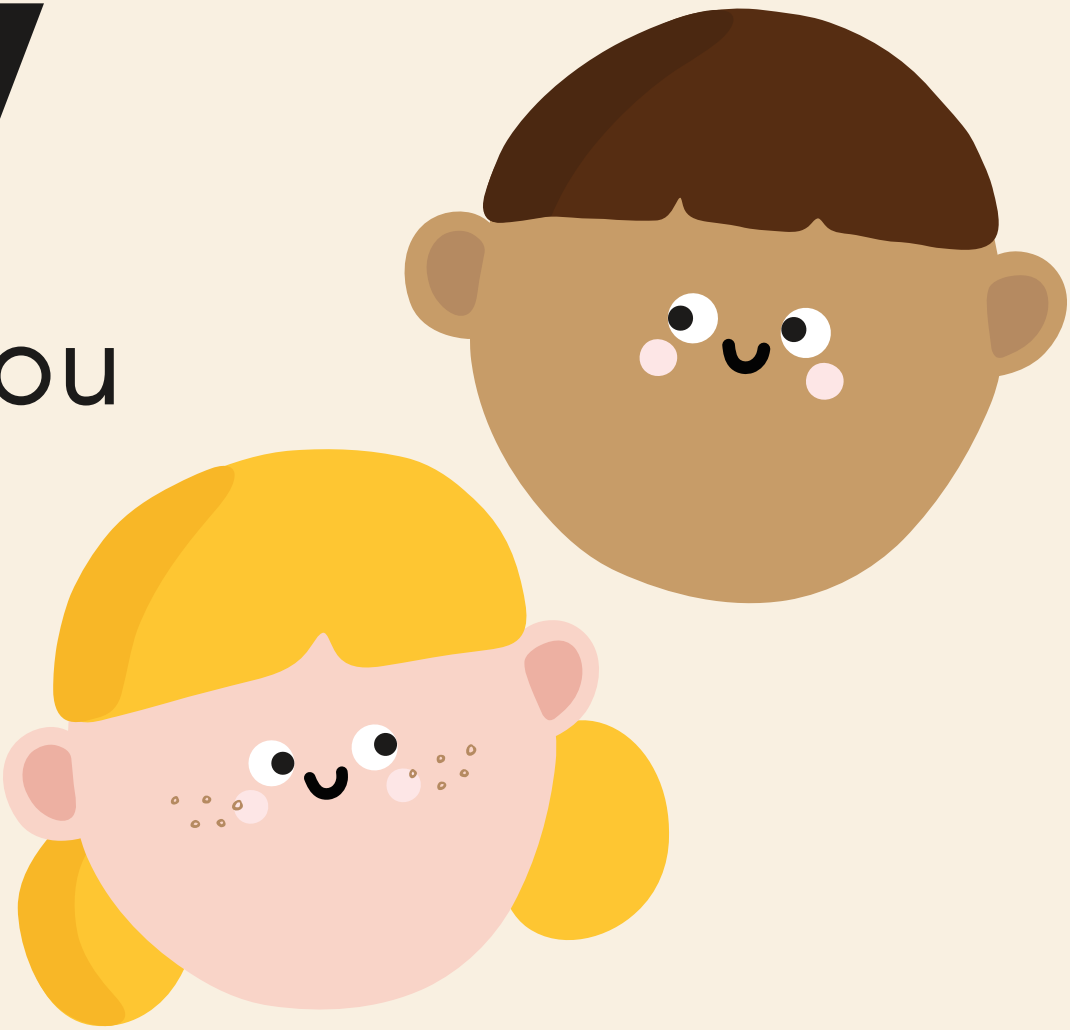
Xx

Let's
CROSS out
bad habits!



Yy

is for you

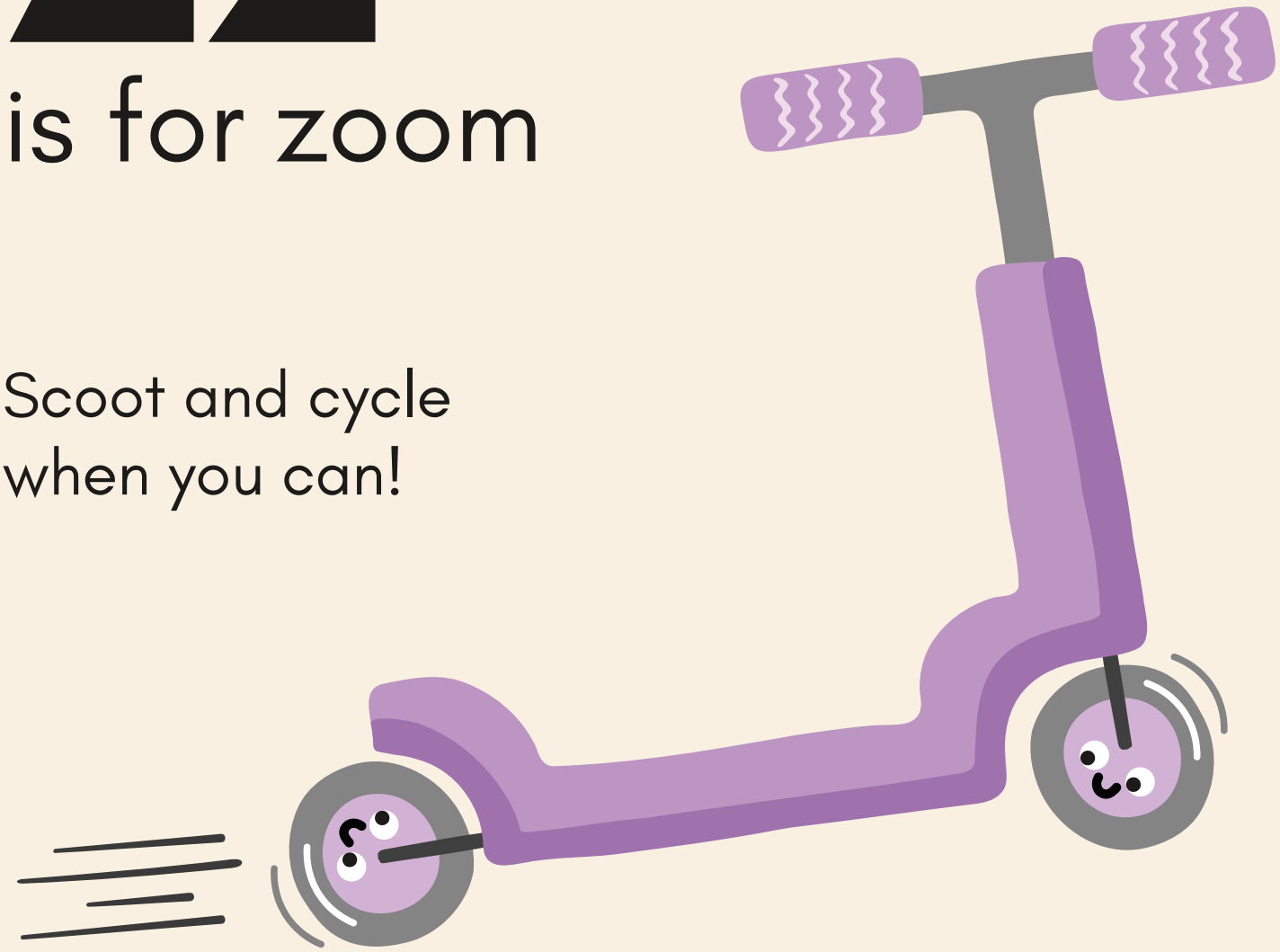


No matter how big or small, young or old, you can make a difference.

Zz

is for zoom

Scoot and cycle
when you can!



“

An understanding of the natural world and what’s in it is a source of not only a great curiosity but great fulfillment.

David Attenborough





Eco-Schools
EARLY YEARS

KEEP BRITAIN TIDY.

Bupa Foundation